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Adviser:_

General Education Requirements (42 S.H.)	
COMMUNICATION SKILLS (3 S.H.)	
Choose one of the following: COM 160 Public Sp Making in Groups, COM 162 Interpersonal Comr	
Introduction to Communication Skills	
COM:	3
WRITING INTENSIVE (W) All students must complete at least one writing inter be found in several disciplines. The credits will be sociated with the course. NOTE: WRT 101 does r requirement.	counted in the discipline as-
Course:	Y/N
FOREIGN LANGUAGE All contract majors must complete a foreign languag done by completing a language at an elementary II have completed three years of language in high sch have satisfied this requirement. (For more info, click t	level or above. Students who ool with at least a C average
Foreign Language Requirement Met?	Y/N
HUMANITIES (15 S.H.) Humanities courses can be found in Art, English, Fo Humanistic Studies, Music, Philosophy, Theatre and use one studio course to satisfy this requirement. Yo at least 3 areas. NOTE: You must complete the for (Elementary II or higher) before counting Elementary as Humanities credit.	Writing. Students may only u must complete courses in eign language requirement
Elective:	3
SOCIAL AND BEHAVIORAL SCIENCES (12 S.H.) Courses that satisfy this requirement can be found i	n Social Sciences (Anthropo
ogy, Economics, Political Science, Social Sciences ern Cultures, and Psychology. You must select cours	, and Sociology), Non-West ses from at least 2 of the 3
main areas: Social Sciences, Psychology and Non Elective:	3
Elective:	3
Elective:	3
Elective:	3
NATURAL SCIENCES, MATHEMATICS AND COMP Students must complete one lab Science and at lec ence course in this category. NOTE: MAT 100 do	ist one math or computer Sci
Lab Science:	4
Math/CS	3
Math/CS/Science Elective:	3
HEALTH PROMOTION AND EXERCISE SCIENCES	(2 S.H.)
HPX 177 Fitness for Life – Lecture	1

Major Requirements (36 S.H. of credit must be at 200 level or above)

IOPIC OR THEME:							
Major course:	3						
Major course:	3						
Major course:	3						
Major course:	3						
Major course:	3						
Major course:	3						
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Major course:	3						
Major course:	3						
Major course:	3						
FREE ELECTIVES (42 S.H.)							
Elective:							
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Free electives offer an opportunity to complete a minor, study a second language, study abroad, or participate in an internship. Make a plan.

NOTES

Four-Year Plan This is a sample sequence of courses. Other combinations are possible.



Pre-requisites are in parentheses; see catalog for details.

Class standing by credit: Freshman: 0-29 credits; Sophomore: 30-59 credits; Junior: 60-89 credits; Senior: 90+ credits

YEAR (30 S.H.)	SEMESTER 1 (15 S.H.)			SEMESTER 2 (15 S.H.)		
	WRT 101 Composition I or Writing Intensive	3		Writing Intensive or Free Elective	3	
	MAT 100 or Gen Ed: Math/CS (math must be above 100 level)	3		Gen Ed: Math/CS	3	
	Gen Ed: Communication Skills	3		Gen Ed: Social and Behavioral Sciences	3	
IRST	Gen Ed: Humanities (Language recommended)	3		Gen Ed: Humanities (Language recommended)	3	
Ē	Major Course	3		Major Course	3	

32 S.H.)	SEMESTER 3 (15-16 S.H.)			SEMESTER 4 (15-16 S.H.)		
	Major Course	3		Major Course	3	
t (30-	Major Course	3		Major Course	3	
YEAR	Gen Ed: Humanities	3		Gen Ed: Humanities	3	
QNO	Gen Ed: Social & Behavioral Sciences	3		Gen Ed Social & Behavioral Sciences	3	
SEC	Gen Ed: Lab Science or Free Elective	3 – 4		Gen Ed: Lab Science or Math/CS	3 – 4	

	SEMESTER 5 (17 S.H.)			SEMESTER 6 (15 S.H.)		
÷	Major Course	3		Major course	3	
2 S.H.	Major Course	3		Major course	3	
R (32	Gen Ed Humanities	3		Free Elective	3	
YEAI	Gen Ed: Social & Behavioral Sciences	3		Free Elective	3	
R D	Free Elective	3		Free Elective	3	
Ŧ	HPX 177 Fitness for Life (Lecture & Activity)	2				
	Complete a degree audit and plan for application for graduation					

Î	SEMESTER 7 (15 S.H.)			SEMESTER 8 (15 S.H.)		
(30 S.I	Major Course	3		Major Course	3	
AR (3	Free Elective	3		Free Elective	3	
ΥE	Free Elective	3		Free Elective	3	
JRTH	Free Elective	3		Free Elective	3	
D	Free Elective	3		Free Elective	3	

The number of Free Electives available will vary based on your initial math & writing placement tests. MAT100 and WRT101 if required, count as elective credit.